



# Medical Massage

FOR ANIMALS

CANINE COURSE



2008 PROGRAM · COLORADO STATE UNIVERSITY · FORT COLLINS, COLORADO

Enrollment is limited...  
Register now!

CLASSES BEGIN OCTOBER 17TH



Colorado Veterinary  
Medical Association



CENTER FOR COMPARATIVE  
AND INTEGRATIVE PAIN MEDICINE



INTERNATIONAL ACADEMY OF  
Medical Massage  
FOR ANIMALS

# What is Medical Massage for Animals?

This course leads the way in bringing medical massage to the veterinary arena. Medical massage targets conditions based on a veterinarian's diagnosis; it involves specific techniques with the goal of producing measurable responses from the patient. Medical Massage for Animals brings a scientific perspective to massage therapy for dogs, inspired by the core connections of structure and function. We take into consideration underlying medical conditions, with the goal of optimizing patient wellness, safety, and comfort. By incorporating insights from osteopathic manipulative therapy and acupuncture, Medical Massage for Animals is pioneering new terrain in animal massage.



## PROGRAM GOALS

- To meet the needs of canine patients and athletes by helping them recover from illness, reduce stress, and avert injury
- To instruct participants on the proper integration of massage in the veterinary clinic, for both sick and well patients
- To teach the scientific basis of massage based on the solid foundational elements of anatomy and physiology to optimize proper identification and treatment of soft tissue restrictions

# Program Goals for Attending Clinicians, Technicians, and Therapists

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1. **LEARN** medical massage for animals in an academic environment that promotes the scientific understanding of massage.
  2. **DISCOVER** ways to integrate massage into the veterinary clinic alongside conventional medical approaches.
  3. **FACILITATE** veterinary patients' recovery from illness, surgery, or trauma.
  4. **EXPAND** conservative treatment options for chronic back pain.
  5. **DEVELOP** “thinking fingers” that help detect sources of acute and chronic pain.
  6. **INTEGRATE** osteopathic manipulative techniques to build a broader manual therapy foundation.
  7. **MASTER** medical massage techniques in an atmosphere that supports critical thinking and experiential learning.
  8. **ADOPT** skills for communicating with clients during difficult times.
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## COURSE DETAILS

- Ample hands-on laboratory sessions provide ongoing opportunities to refine massage skills and patient assessment methods.
- Course faculty monitor students' mastery of information via small groups, class discussion, and examinations.
- All participants will receive a DVD of Virtual Canine Anatomy (an interactive multimedia anatomical instruction program). This was produced at the CSU College of Veterinary Medicine and Biomedical Sciences. Specify PC or Mac software versions when you register.
- Curriculum and faculty developed by the International Academy of Medical Massage for Animals, headed by Narda G. Robinson, DO, DVM, MS, FAAMA.

# Course Sessions

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## SESSION I:

**OCTOBER 17 – 19, 2008**

- Introduction to the Course: Goals, Expectations, Requirements
- The Science and Healing Power of Touch
- Massage Therapy: History, Philosophy, Applications, Contraindications
- Risks of Massage
- Anatomy Review: Directional Terminology, Comparisons to Human Anatomy
- Skeletal Anatomy and Bony Landmarks
- **Laboratory Session: Palpation of Bony Landmarks and Muscles on Live Dogs**
- Canine Behavior: Individual, Pack, and Canine-Human Behavior
- Muscular Anatomy: Origin, Insertion, Action of Muscles Relevant to Anatomy
- Canine Body Language: What You May Observe During Massage
- Myofascial Palpation Exam
- Massage Techniques
- Stretches
- Gait and Locomotion; Body Mechanics
- Pain Recognition in Dogs: How to See and Hear What Dogs Are Saying about Their Pain
- The CSU Pain Scale
- Breeds and Conformation: Their Influences on Locomotion
- **Laboratory Session: Massage Techniques on Normal Dogs; Observe Gait Before and After Massage**

## SESSION II:

**OCTOBER 31 – NOVEMBER 2, 2008**

- Written Exam on Session I material
- Pathology: Massage Considerations of Common Pathologies, Breed Predispositions
- Medical Records: Charts and Recordkeeping
- **Laboratory Session: Massage Techniques on Normal Dogs**
- Medications, Supplements, Natural Products and Their Impact on Massage

- Muscle Physiology and Causes of Muscle Pain
- Case History and Case Management
- Techniques Adapted from the Osteopathic Manipulative Repertoire
- **Laboratory Session: Practice Massage Techniques on Dogs with Pathology**

## SESSION III:

**NOVEMBER 14 – 16, 2008**

- Written Exam on Session II material
- First Aid for Dogs
- Common Emergencies Requiring Immediate Attention
- Human-Animal Bond and Client Communication
- Hospice and Working with Grieving Clients
- **Laboratory Session: Massage Techniques on Dogs**
- Chinese Medicine Overview and Palpation for Viscerosomatic Reflexes
- Acupressure for Specific Problems
- **Laboratory Session: Acupressure and Massage Techniques on Dogs**
- Review of Muscle Physiology
- Basis for Breed Differences: Form and Function
- Competitive Events: Massage Considerations
- Sports Massage
- Agility Event Issues: Massage-Relevant Discussion of Agility Obstacle Course, Muscular Areas of Interest, Sports Massage Plans for Agility Dogs
- **Laboratory Session: Observe Agility Work; Hands-on Session with Agility Dogs**

## SESSION IV: DECEMBER 5 – 7, 2008

- Comprehensive Written and Practical Exams
- Overview of Rolfing
- Overview of Physical Therapy Modalities
- Liability and Legal Issues Practicing Canine Massage
- Specific Recommendations for Specific Medical or Post-surgical Conditions
- **Laboratory Sessions: Massage Techniques on Dogs**

**LECTURE SEQUENCES MAY VARY**

# Course Director and Instructors

## COURSE DIRECTOR, INSTRUCTOR



### **Narda G. Robinson, DO, DVM, MS, FAAMA**

Dr. Robinson earned her Doctorate of Osteopathy (DO) degree in 1988 from the Texas College of Osteopathic Medicine. Since then, she has practiced osteopathic manipulative therapy and acupuncture on humans, focusing heavily on the undeniable link between structure and function. After completing her Doctorate of Veterinary Medicine (DVM) in 1997 from Colorado State University, Dr. Robinson established the first scientifically-based natural healing program in veterinary medicine at CSU, highlighting acupuncture and soft tissue manual therapy. Dr. Robinson has long recognized the value of massage as an important component of comprehensive wellness and integrative care. As Director

of the CSU Center for Comparative and Integrative Pain Medicine, she has convened leading experts to establish the Medical Massage for Animals program.

## ADDITIONAL INSTRUCTORS

### **Judy Walton, CVT, VTS (Oncology), CMT**

Judy graduated with honors from Boulder College of Massage Therapy and developed and taught the popular canine massage course there. As an oncology nurse at CSU for many years, a large part of her canine clientele have been dogs that have been undergoing treatment for various types of cancer, as well as those with orthopedic and neurological injuries and competitive athletes. She has also presented continuing education workshops on canine massage at massage schools around the country and lectured to several different groups on the benefit of massage for dogs, particularly for cancer patients. Her private massage practice currently caters to both human and canine clientele.

### **Rhonda Reich, MA, CMT**

Rhonda has been a massage therapist and instructor for over 30 years and has over 10 years as a dedicated animal massage therapist. Previously she served on the faculty and administrative staff for the Boulder School of Massage in Colorado, where she was the driving force behind the development of their Canine Massage Certification Program. In addition, for the past twelve years Rhonda has instructed and performed equine and canine massage internationally. She currently teaches fundamentals of massage, ethics and equine studies at the Lexington Healing Arts Institute in Lexington, Kentucky.

### **Rebecca Paulekas, DVM, PT**

Dr. Paulekas received her DVM from Washington State University in 1983. She spent eight years in small and mixed animal general practice. She received her masters in physical therapy from the University of Southern California in 1992. Dr. Paulekas spent nine years in the outpatient orthopedic clinic of a large hospital, specializing in post-surgical rehabilitation, chronic pain and fibromyalgia, geriatrics, and osteoporosis. She received her manual therapy and acupuncture certification from CSU. She now practices acupuncture, manual therapy, and rehabilitation in a referral practice near Boise, ID.

### **Chris Way, MS**

Chris holds both BS and MS degrees from Colorado State University. After he discovered rolfing, he wanted to extend his education to include it as something that would allow him

to work in a field that complemented his lifestyle better than the science he was trained in formally. After completing training at the Rolf Institute of Structural Integration in Boulder, Colorado, as well as receiving National Certification in Massage Therapy, Chris started a practice in Fort Collins, Colorado working as a rolfing and massage therapist.

### **Erin Allen, MSSW**

Erin Allen, MSSW, is a clinical counselor for the Argus Institute for the clients of the Veterinary Teaching Hospital (VTH) as well as community clients. Erin plays a role as a member of the VTH's clinical health medical team, assisting and supporting the clients with all aspects of the medical treatment and decision making they face during their pet's illness, including end-of-life issues and help during their grieving process. She also participates in teaching the veterinary students communication skills. A native of Tennessee, Erin graduated from the University of Tennessee with her Masters in Social Work. While in school, she interned at the University of Tennessee, College of Veterinary Medicine as a Veterinary Social Worker and provided client support. Erin has a special interest in the field of veterinary medicine client support, which stems from her 10 years employed as a veterinary technician. This experience provided her with a unique understanding of the perspectives of both pet owners and veterinary professionals and prompted her to pursue her Master's degree in Social Work.

### **Timothy Hackett, DVM, MS, DACVECC**

A native of Boulder, Dr. Hackett left Colorado after high school to attend the University of Nevada-Reno. After earning a Bachelors degree in Zoology he returned for Veterinary School at Colorado State University, graduating in 1989. After an internship in Los Angeles he worked briefly in general practice in Northern California before again returning to Fort Collins and Colorado State University. Following a three-year residency in 1994, Dr. Hackett became board certified in Emergency and Critical Care medicine. He has been a faculty member at Colorado State University for 12 years and heads the small animal Critical Care Unit at The James L. Voss Animal Medical Center

**ALL FACULTY SUBJECT TO CHANGE**

# Course Information

## SESSION AND CE INFORMATION

Each of the four sessions will take place on a Friday evening from 5:30 PM to 9 PM. The Saturday sessions run from 8 AM to 6:45 PM, and the Sunday sessions from 8 AM to 5:15 PM. Attendees will earn 80 continuing education hours for their participation.

## LOCATION

Lectures and laboratories will be held on or near the Colorado State University campus at the Animal Cancer Center located in the James L. Voss Veterinary Teaching Hospital (300 West Drake Road, Fort Collins).

## ADMISSION ELIGIBILITY

Registrants must be licensed veterinarians, veterinary students, certified veterinary technicians, certified canine rehabilitators who are also licensed physical therapists, or certified massage therapists. Each attendee will need to include a copy of their license/certification with their registration form. Veterinary students must include a letter that they are in good standing from the dean of their college.

## CERTIFICATION OF COMPLETION

Satisfactory completion of the program requires achieving a passing grade (70% or higher) on the averaged scores of the three written examinations, a passing grade (70% or higher) on the practical exam, as well as completion of a 20-hour massage therapy independent study. Each attendee is responsible for securing their independent study hours and submitting documentation for review. Participants must also attend all lectures and laboratories to receive their certification.

## REQUIRED TEXTS

There will be required and suggested texts for the course. Please note that these books are not included in your registration fee and that title and purchasing information will be available following receipt of your registration.

## ACCOMMODATIONS

Hotel accommodations are the responsibility of each participant. If you are in need of accommodations, please contact the Fort Collins Hilton at **970.482.2626** and ask for the CSU Friends and Family discount.

## TRANSPORTATION

Travel arrangements to and from Fort Collins, CO, are the responsibility of each participant. Fort Collins is located approximately 60 miles north of Denver on Interstate 25. Airline passengers should fly into Denver International Airport and use a rental car or shuttle service to and from Fort Collins. Ground shuttle service from the airport to the Fort Collins Hilton can be arranged with Shamrock Airport Express by calling **970.686.9999**. Transportation between your lodging and the Animal Cancer Center at CSU will not be provided.

## COURSE CANCELLATION AND REFUNDS

CSU and CVMA reserve the right to cancel the course or any session(s), and to change dates or venue of the sessions. A full refund is given if the course is cancelled. The registration fee is not refundable after the start of the program. The \$500 deposit is non-refundable. All requests for cancellation must be made in writing. If a written request for a refund is made on or before September 8, 2008, 75% of course tuition will be refunded. If a written request is made on or before October 1, 2008, 50% of course tuition will be refunded. No refunds will be given after October 1, 2008. To cancel, please contact the Colorado Veterinary Medical Association at **303.318.0447**. In cases of bereavement or exceptional medical circumstances, a request to postpone taking a session to the immediately following year may be considered, provided that the course continues that following year. The request must be submitted in writing and an enrollment change fee of \$250 per session must accompany the request. The enrollment change fee is non-refundable unless the course is not offered during the immediately following year.

## FOR MORE INFORMATION

For additional information about course content, contact Dr. Narda Robinson at [Narda.Robinson@colostate.edu](mailto:Narda.Robinson@colostate.edu) or **970.297.4202**.

For general information and submission of payments contact the Colorado Veterinary Medical Association, 191 Yuma Street, Denver, CO 80223.

P: 303.318.0447

F: 303.318.0450

or email [info@colovma.org](mailto:info@colovma.org).

# Registration Form



## MEDICAL MESSAGE FOR ANIMALS: CANINE COURSE 2008 PROGRAM

Fort Collins, Colorado

Course size is limited to ensure high-quality instruction for all participants.  
Registrations are accepted on a first-come basis until maximum enrollment is reached.

Name: \_\_\_\_\_

Degree: \_\_\_\_\_

Designation:  Veterinarian  Veterinary Technician  Massage Therapist  
 Physical Therapist/Canine Rehabilitator  Other: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

State Where Licensed and Certified/License Number (include photocopy of license/certification) \_\_\_\_\_

### Registration Fees\*

- Veterinarians, Veterinary Technicians, Physical Therapists / Canine Rehabilitators, and Massage Therapists – \$2,800
- Veterinary Students – \$2,250
- CVMA Members (veterinarians/veterinary technicians only) – \$2,650

\*The fee includes lecture notes, laboratory supplies, breakfast, lunch, and refreshments during breaks.

This application cannot be processed without a non-refundable \$500 deposit accompanying this form along with a photocopy of a professional license/certification. Veterinary students must include a letter from their school verifying that they are in good standing. College faculty members not required to hold a veterinary license must enclose a letter stating that they are employed as veterinarians. The remaining course fee is due by September 1, 2008, and can be paid by installments or in full. A confirmation will be sent within 14 days of receipt of registration. Please do not make travel arrangements until written confirmation has been received. If a written request for a refund is made on or before September 8, 2008, 75% of course tuition will be refunded. If a written request is made on or before October 1, 2008, 50% of course tuition will be refunded. No refunds will be made after October 1, 2008.

### Payment Information

Visa  MasterCard Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Billing Address Zip Code: \_\_\_\_\_

Signature: \_\_\_\_\_

Please bill my credit card in the following installments: \$ \_\_\_\_\_ (Tuition must be paid in full by September 1, 2008)

Check Number: \_\_\_\_\_ Checks should be made payable to the **Colorado Veterinary Medical Association**

### Other Information

Format of complimentary DVD:  PC  Mac

Dietary Needs:  Vegetarian  Vegan  Other \_\_\_\_\_

Return this form to CVMA via fax to **303.318.0450** or by mail to:  
**Colorado Veterinary Medical Association**, 191 Yuma Street, Denver, CO 80223.



Colorado Veterinary  
Medical Association

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Denver, CO 80223

Address Service Requested

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Introduce massage into your practice immediately  
upon completion of the program.

Register today... Space is limited!

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